



LAKE COUNTRY SENIORS' ACTIVITY CENTRE

DECEMBER 2021

"Social Activities Calendar"



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			Drop In 10-noon Tai Chi 1:30-2:30 Beginners Tai Chi 2:45- 3:45	Sewing: 12:00-5pm Yoga: 5:30-6:30pm Big Band: 7-10pm	Master Art: 9-1pm Tai Chi: 1:30-2:30pm Beginners Tai Chi: 2:45- 3:45pm Songsters: 2-4pm	Quilting: 10-4:30pm Card Club 7-12:30
5	6	7	8	9	10	11
	LC Artists: 8:30-12pm Prime Time Entertainment 1-3:30pm Kitchen Prep 3:15 – 5pm	Lunch: 12pm Line Dancing: 1:30- 3pm Yoga: 5:30-6:30pm Bridge: 7-10pm	Drop-In: 10-Noon Tai Chi: 1:30-2:30pm Beginners Tai Chi: 2:45-3:45pm	Sewing: 12:00-5pm Yoga: 5:30-6:30pm	Master Art: 9-1pm Tai Chi: 1:30-2:30pm Beginners Tai Chi: 2:45- 3:45pm Songsters: 2-4pm	Quilting: 10-4:30pm
12	13	14	15	16	17	18
	LC Artists: 8:30-12pm Kitchen Prep 1:00 – 5pm	Lunch: 12pm Line Dancing: 1:30- 3pm Yoga: 5:30-6:30pm Bridge: 7-10pm	Drop-In: 10-Noon Tai Chi: 1:30-2:30pm Beginners Tai Chi: 2:45-3:45pm	Sewing: 12:00-5pm Yoga: 5:30-6:30pm Big Band: 7-10pm	Master Art: 9-1pm Tai Chi: 1:30-2:30pm Beginners Tai Chi: 2:45- 3:45pm Songsters: 2-4pm	Quilting: 10-4:30pm
19	20	21	22	23	24	25
	LC Artists: 8:30-12pm Prime Time Entertainment 1-3:30pm Kitchen Prep 3:15 – 5pm	Lunch: 12pm Line Dancing: 1:30- 3pm Yoga: 5:30-6:30pm Bridge: 7-10pm		Yoga: 5:30-6:30pm		
26	27	28	29	30	31	
	LC Artists: 8:30-12pm	Line Dancing: 1:30- 3pm Yoga: 5:30-6:30pm Bridge: 7-10pm		Yoga: 5:30-6:30pm	Master Art: 9-1pm	

Email address: lakecountryseniorscentre@gmail.com Tel: 250.766.4220

Located at 9832 Bottom Wood Lake Road, Lake Country

Office open Monday to Friday 10am – 2pm